## AGBON MARTIAL ARTS COVID-19 SAFETY GUIDELINES FOR PARENTS AND STUDENTS

- Please ARRIVE no earlier than 5 minutes before the class and DEPART no later than 5 minutes after class.
- Agbon Martial Arts is a Mask or face covering is OPTIONAL. You may wear mask or not wear mask. With the <u>exception</u> of the following:
  - For all those who have the symptoms (sneezing, runny nose, coughing and others), a positive test (following quarantine/isolation guidelines), or exposure to someone with COVID-19 <u>should wear</u> <u>a mask or stay home.</u>
  - Private/Semi-private lesson, depending on your group preference on masks.
- Temperature Self check for everyone prior to coming in.
- Students are <u>highly encouraged to come in complete uniform or</u> <u>Taekwondo outfit already</u>, ready to do the class. AMA T-shirts with Taekwondo pants are acceptable.
- Scheduling for a class or make-up must be made NO less than 24 hours prior the desired schedule- depending on the availability. Failure to notify missing a class 24hours prior will forfeit the make-up credit/s.
- Upon arrival and departure, please have your hands Sanitized or Washed.
- Guests / Spectators are welcome to watch but please follow Mask wearing <u>OPTIONAL</u> exception if needed.
- Parents / Grown Ups can still feel free to drop off and pick up students after class, just like before.

Updated 06.1.2023 Subject to change from time to time